







# Killingly Intermediate Middle School

Welcome to our  
Lunch Cafe

10/21/2019 - 10/25/2019

**MEATLESS MONDAY**

	Monday	Tuesday	Wednesday	Thursday	Friday
	Morgan's Madness Tofu Ramen Bowl bowl layered with noodles, tofu coated in sriracha sauce, radishes, carrots, edamame, corn, and snowpeas all topped with ramen broth 🌱	Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta 🌱 Steamed Italian Vegetables Homemade Garlic Bread	Beef Hot Dog on Bun juicy beef hot dog on a soft bun Spicy Cheese Sauce Bacon Topping Tomato Bruschetta Side of Beans	Roast Pork Loin pork loin rubbed with spices and roasted 🌱 Homemade Caramelized Apples Baked Sweet Potato Brown Gravy	BLT Burger freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun 🌱 Homemade Carrot & Raisin Slaw Fries
	Bean & Veggie Burrito a whole wheat burrito, stuffed with fiesta rice, veggies, beans and cheddar cheese, served with salsa and sour cream 🌱	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese 🌱	Nachos with Cheese creamy cheese layered over a bed of nachos 🌱	Chicken Fajita Wrap freshly made tortilla stuffed with mexi style meat, rice, onions, peppers and cheese 🌱	BBQ Chicken Nachos crispy nacho tortilla chips with chicken, carrots, tomatoes and cabbage 🌱
Available Daily: Nachos, Cripsy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese					
	Chicken Parnesan Sandwich warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a roll 🌱	Beef Hot Dog on Bun juicy beef hot dog on a soft bun	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella 🌱	Grilled Chicken Teriyaki Sandwich grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house 🌱	Whole Grain Fish Sticks Oven Baked Fries
Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches					
	Spinach Bianco Pizza fresh whole grain dough brushed with garlic and oil, topped with low fat mozzarella, fresh basil and spinach, baked to perfection 🌱	Sausage Pizza traditional pizza slice topped with sausage 🌱	Crispy Bacon Pizza pizza dough topped with tomato sauce, cheese and crispy bacon 🌱	Hawaiian Pizza ham and pineapple chunks over a cheese pizza slice 🌱	Hand Crafted Pepperoni Pizza fresh dough layered with sauce, topped with cheese and pepperoni and baked until crisp 🌱
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough. All Pizza comes with a					
	Romeo Sandwich salami, ham and fresh mozzarella with lettuce and tomato 🌱	Fruity Granola Parfait Low fat vanilla yogurt layered with fruit and granola 🌱	Simply Boxed Meat and Cheese Protein Pack freshly made meal with diced meat and cheese, fruit medley and crisp bread 🌱	Chef Salad fresh lettuce topped with sliced deli meats and cheeses 🌱	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🌱
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk					
	Available Daily on Our Salad Bars: Mixed Dark Leafy Greens, Tomatoes, Cucumbers, Carrots, Broccoli Florets, Cauliflower Florets, Beans, Corn Nibletts, Hummus, Dinner Rolls, Local Apples, Oranges, Bananas and a variety of canned fruit.				

# KIS AD WEEKLY UPDATE

- Results for the week of 14 – 18 Oct:
  - 15 Oct: Girls HOME v Griswold W 4-0
  - 15 Oct: Boys AWAY @ Griswold L 1-0
  - 16 Oct: Boys HOME v Woodstock L: 1-0
  - 16 Oct: Girls AWAY @ Woodstock Tie 0-0
  - 17 Oct: Cross Country v Thompson & Woodstock
  - 18 Oct: Girls Soccer AWAY @ Brooklyn 3:45

Schedule for the week of 21 – 25 Oct:

- 21 Oct: Boys Soccer HOME v Brooklyn 3:45
- 23 Oct: Cross Country Championship @ Owen Bell Park, Killingly.
- See website for details.
- **Family ID is open for registration for Basketball and Cheer!!!**
- Students are expected to take the bus to and from KIS for all away athletic events.

Any questions contact the Athletic Director (AD).

- Check the KIS Athletic Website to find
  - Schedules of games and meets
  - Directions to games and meets
  - Changes or cancellations
- Athletics are a parent pick-up. Please be on time to pick up your student-athlete.





# 5<sup>TH</sup> & 6<sup>TH</sup> GRADE HALLOWEEN COSTUME DANCE PARTY

DATE: FRIDAY, NOVEMBER 1<sup>ST</sup>

TIME: 6:00 – 8:00 P.M.

COST: \$5 PER CHILD



5<sup>TH</sup> & 6<sup>TH</sup> GRADERS ARE INVITED TO ATTEND  
A PTO SPONSORED “AFTER” HALLOWEEN  
COSTUME DANCE PARTY  
(NO MASKS OR FACE PAINT PLEASE)

**LIGHT REFRESHMENTS WILL BE SERVED - DJ & DANCING**

DOORS WILL BE LOCKED AT 6:15 P.M. AND PLEASE ARRIVE AT 7:45 FOR PICKUP

***PLEASE RETURN \$5.00 PER CHILD WITH PERMISSION SLIP TO KIS  
NO LATER THAN MONDAY, OCTOBER 28<sup>TH</sup>***

THE KIS PTO needs chaperones in order to hold this dance!  
Chaperones need to arrive at 5:45 p.m. and help clean up after dance.

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Please return money & this portion to school no later than  
Monday, October 28th

My child has my permission to attend the 5<sup>th</sup>/6<sup>th</sup> school dance on November 1st and I understand that my child must be picked up no later than 8:00 p.m.

Name of Student: \_\_\_\_\_ Grade: \_\_\_\_\_

Guardian Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ Yes, I would like to Chaperone the Dance



# 7<sup>TH</sup> & 8<sup>TH</sup> GRADE DANCE

DATE: FRIDAY, NOVEMBER 8<sup>TH</sup>

TIME: 6:00 – 8:00 P.M.

LOCATION: KIS

COST: \$5 PER CHILD

Light Refreshments will be served  
DJ & DANCING

**THE KIS PTO needs chaperones in order to hold this dance!**  
**Chaperones need to arrive at 5:45 p.m. and help clean up after dance.**

Questions: [kispto@killinglyschools.org](mailto:kispto@killinglyschools.org)

All school rules apply including appropriate dress and behavioral expectations.

***Please note: all students MUST BE picked up promptly at 8:00 p.m.***

Middle School  
**DANCE** ★

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Please return money & this portion to school  
no later than Tuesday, November 5th



My child has my permission to attend the school dance on November 8th and I understand that my child must be picked up at 8:00 p.m.

Name of Student: \_\_\_\_\_ Grade: \_\_\_\_\_

Guardian Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ Yes, I would like to Chaperone the Dance!



# Celebrating Veterans Day at Killingly Intermediate School



**Friday, Nov. 8<sup>th</sup>, 2019**

**9:30 AM-1:30 PM**

**10:30: Grades 5 & 6 Assembly**

**12:30: Grades 7 & 8 Assembly**

**(Lunch Provided for our Military and Veterans)**

## **Celebrating the Military & Veterans of our KIS staff & students**

**Who:** All students and staff are welcome to invite any service member who is active duty, retired or honorably discharged to spend the day with an assembly, lunch and classroom visits.

**Where:** Killingly Intermediate School  
(1599 Upper Maple Street, Dayville, CT 06241)

*Students will be invited to sit with their special guests during each assembly.*

**Please RSVP to [aplantier@killinglyschools.org](mailto:aplantier@killinglyschools.org)  
by November 1<sup>st</sup>.**

**(If you are also interested in talking with a class about your experiences in the military, please share that in your RSVP.)**

# **KIS SKI CLUB 2019-20**

**When:**

*6 Wednesdays during January & February 2020*

**Where:**

*Wachusett Ski Area*

**Eligibility:**

*KIS students and their parents/guardians*

**Membership Includes:**

*Discounted lift tickets, season passes, rentals & lessons.*

*Transportation to and from the ski area*

**Limitations:**

*First time skiers and riders must take lessons*

*Limited number of student spaces remaining*

*Student members must take bus to and from the ski area*

**Point of Contact:**

*For more information and to sign your student up contact Mr. Desrosiers via e-mail:*

*[ddesrosiers@killinglyschools.org](mailto:ddesrosiers@killinglyschools.org)*

# Killingly Intermediate School

## Make a Difference at Your School!

### SCHOOL GOVERNANCE COUNCILS

The rewards of serving on a School Governance Council can be great. Council members bring their unique experiences and beliefs to the table. The work that they do can influence the lives of children, even after they no longer serve on the council.

#### WHAT IS A SCHOOL GOVERNANCE COUNCIL?

School Governance Councils are an opportunity for Connecticut schools to become centers of excellence that prepare all students for success. They represent the many interests of the families and staff that make up your school's community. This is important because research has shown that:

- Partnerships among families, school and community members can make a powerful contribution to greater student success.
- No matter what their income or background, students with involved families tend to have higher grades and test scores, better attendance, and higher rates of homework completion.

**WHAT DOES THE SCHOOL GOVERNANCE COUNCIL DO?** The School Governance Council serves as an important role to the school administrator by:

1. Bringing together parents, school staff, students and community leaders to work together to **improve student achievement and**
2. Assisting the school administration in decisions impacting students' education in areas such as:
  - Analyze **data** and school needs;
  - Review the school's **resources**; and
  - Advise the principal in making **programmatic and operational** changes.

#### WHAT DOES IT REQUIRE TO BE ON THE SCHOOL GOVERNANCE COUNCIL?

Serving as a council member will require time, energy and a willingness to listen. Members should:

- Put children first;
- Be a team player; and
- Be willing to learn.

#### INTERESTED?

Are you interested in being a member of your School Governance Council or want to nominate someone? Contact:

Heather Taylor, Principal

860.779.6700 or [htaylor@killinglyschools.org](mailto:htaylor@killinglyschools.org)

Learn more about School Governance Councils! Visit [www.ct.gov/sde/SGC](http://www.ct.gov/sde/SGC).