

# Killingly Intermediate Middle School

Welcome to our  
Lunch Cafe

1/20/2020 - 1/24/2020

**MEATLESS MONDAY**

Monday

Tuesday

Wednesday

Thursday

Friday

		<b>SCHOOL CLOSED TODAY</b>	Beef and Tomato Macaroni Casserole elbow macaroni mixed with cooked beef, tomato sauce, and cheese 🍲 Homemade Garlic Bread	Whole Grain French Toast slices of French toast baked to perfection 🍳 Sausage Patty NY Organic French Vanilla Yogurt	The Works Hot Dog hot dog on a bun with mustard, sauerkraut, jalapenos, onions and relish 🌭 Baked Beans
		<b>SCHOOL CLOSED TODAY</b>	Nachos with Cheese creamy cheese layered over a bed of nachos 🌮	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce 🌮	BBQ Chicken Nachos crispy nacho tortilla chips with chicken, carrots, tomatoes and cabbage 🌮
Available Daily: Nachos, Crispy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried					
		<b>SCHOOL CLOSED TODAY</b>	Buffalo Chicken Tenders Buffalo chicken tenders with carrot and celery sticks 🌭	Bacon Cheeseburger burger topped with cheese and bacon on a freshly toasted bun 🍔	Fish Patty Melt Sandwich crispy breaded Pollock topped with melted cheese served on a warm roll
Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches					
		<b>SCHOOL CLOSED TODAY</b>	Meatball Pizza cheese pizza topped with sliced meatball 🍕	Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍕	Hand Crafted Pepperoni Pizza fresh dough layered with sauce, topped with cheese and pepperoni and baked until crisp 🍕
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough. All Pizza					
		<b>SCHOOL CLOSED TODAY</b>	American Combo Sandwich freshly made sandwich with thinly sliced turkey, ham and cheese 🍔	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🥗	Salad Plate With Crispy Chicken fresh garden salad topped with baked crispy chicken and served with dinner roll(s) 🥗
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk					
	<p>Available Daily on Our Salad Bars: Mixed Dark Leafy Greens, Tomatoes, Cucumbers, Carrots, Broccoli Florets, Cauliflower Florets, Beans, Corn Niblets, Hummus, Dinner Rolls, Local Apples, Oranges, Bananas and a variety of canned fruit.</p>				

**WHITSON'S**  
School Nutrition  
**SIMPLY ROOTED**  
in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at [www.Whitsons.com](http://www.Whitsons.com).

Meal price includes: protein choice, fresh veggie choice, fresh fruit choice & bread choice.  
At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored.  
Available daily with salad lunch: protein choice, whole grain item, fruit choice & milk choice

\*\*\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director. This institution is an equal opportunity provider.

 Vegetarian  Made With Natural Ingredients  Pork  Smart Choice  Made With Organic Ingredients

# KIS AD WEEKLY UPDATE

- Game Results for the week of 13 Jan:
  - 13 Jan Boys AWAY @ Brooklyn
    - JV: 31-17 L
    - V: 38-27 L
  - 13 Jan Girls HOME v Brooklyn
    - JV: 24-20 L
    - V: 34-25 W
  - 16 Jan Boys HOME v Woodstock 3:30
    - JV: 23-19 L
    - V: 50-29 W
  - 16 Jan Girls AWAY @ Woodstock 3:30
    - JV: 24-19 W
    - V: 47-39 L
- Game Schedule for the week of 20 Jan:
  - **21 Jan Boys AWAY@ Plainfield 3:30**
  - **21 Jan Girls HOME v Plainfield 3:30**

**THIS GAME IS ON A DAY WITH NO SCHOOL. Make arrangements for your child to get to the school based on the coaches timeline!!!!**

- 23 Jan Boys AWAY@ Griswold 3:30
- 23 Jan Girls HOME v Griswold 3:30
- Students are expected to take the bus to and from KIS for all *away* athletic events.

Any questions contact the AD.

- Check the KIS Athletic Website to find
  - Schedules of games and meets
  - Directions to games and meets
  - Changes or cancellations
- **Athletics are a parent pick-up. Please be on time to pick up your student-athlete.**



# KIS 2020 FULL COLOR HARD COVER YEARBOOK



Dear Parents and Guardians,

## CAPTURE THE MEMORIES

Now is the time to purchase your student's hard cover, color yearbook. Featured in our yearbook will be your student's portrait, along with activities, sports and special events.

**ORDER NOW AND SAVE !!!**

Price increases to \$25.00 on January 3rd, 2020

**\$20.00**

## PUT YOUR NAME ON THE COVER

**\$5.00**

PERSONALIZATION COST- \$5.00 Use the boxes below to personalize your cover.

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Personalization Order Deadline – April 15th, 2020

## TO ORDER YOUR 2020 KIS YEARBOOK

STUDENT NAME (PLEASE PRINT) \_\_\_\_\_

GRADE \_\_\_\_\_

HOMEROOM TEACHER'S NAME \_\_\_\_\_

HOMEROOM NUMBER \_\_\_\_\_

### TOTAL YOUR ORDER

Yearbook: ordered by 12.31.19	\$20.00
ordered after 1.3.20 add \$5.00	
Personalization: ordering deadline April 15th add \$5.00	
TOTAL	

Return this order form with payment to your homeroom teacher or room #231. MAKE CHECKS OUT TO K.I.S.

**Want to shop or pay online instead?**

YBPay.lifetouch.com Yearbook ID code: 13213020

### Questions?

Contact Mrs. Vasbinder rm#231 [avasbinder@killinglyschools.org](mailto:avasbinder@killinglyschools.org)

# 2020 KIS YEARBOOK STUDENT ADS

## 8th grade Parents/Guardians

"Personalize" the yearbook in a very special way with a Congratulatory Ad!  
This is your chance to put your thoughts, well wishes and feelings into words & pictures to let your graduating student know just how special they are!

◆ ◆ ◆ **March 31st, 2020 deadline** ◆ ◆ ◆

online payment ends 3.31.20

### AD SIZES / PRICES:

FULL COLOR ads are available  
in the following sizes and prices.

1/8 page:	30.00	1 photo
1/4 page:	50.00	up to 3 photos
1/2 page:	85.00	up to 6 photos
Full page:	150.00	up to 10 photos

◆ Send this form in with your student,

◆ Drop it off in the office

or

◆ Do it ALL by email!

email to: [avasbinder@killinglyschools.org](mailto:avasbinder@killinglyschools.org)

☐ (Check here if you would like a proof)

Student Name & Homeroom or Teacher (please print)

Purchaser's Name (please print)

Purchaser's Email (please print)

### AD INFORMATION {please check one box below}

Size — ☐ Full Page \$150 ☐ ½ Page \$85 ☐ ¼ Page \$50 ☐ ⅛ Page \$30

Message Copy — Please Print Clearly or Type your message & email or send in with this form.

Photo Instructions — Please put the student's name & homeroom # on photo back (for safe return)  
(refer to ad size box above for number of allowable photos.)

☐

# of photos  
sent in

☐

# of photos  
emailed

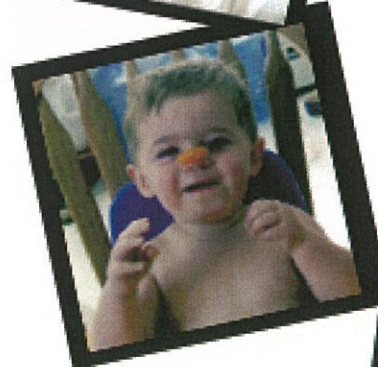
**Please make Checks payable to K.I.S.**

### PAY FOR YOUR AD OR ORDER YOUR YEARBOOK ONLINE

YBPay.lifetouch.com, Yearbook ID code: 13213020

**QUESTIONS?** Contact Mrs. Vasbinder rm#231 [avasbinder@killinglyschools.org](mailto:avasbinder@killinglyschools.org)





# CLASS OF 2020

**8<sup>TH</sup> GRADERS**

Send in your baby picture for the  
... 2020 KIS Yearbook  
"baby picture" photo section

**NO CHARGE** for this section!

Pictures must be submitted by March 31<sup>st</sup>, 2020.

drop off in the front office  
or

email your photo to: [avasbinder@killinglyschools.org](mailto:avasbinder@killinglyschools.org)

(please print your name & homeroom on the back of your pic for return)

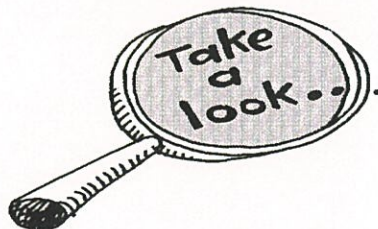


# LOST & FOUND

Our Lost & Found area is overgrown



with sweatshirts, coats, hats,  
gloves, lunch bags, etc.



For any items, you may be missing!

Items that are not claimed by  
January 24<sup>th</sup> will be donated.

*Thank you*