





















Killingly Intermediate Middle School

Welcome to our
Lunch Cafe

1/11/2021 - 1/15/2021

Friday	Monday	Tuesday	Wednesday	Thursday	
	Grilled Cheese Sandwich <i>golden toasted bread with melted gooey cheese pressed and prepared in-house</i>  Tomato Soup	Smokehouse Pulled Pork Sandwich <i>smokehouse pulled pork on a roll with cole slaw</i>  Oven Baked Fries Broccoli Bites Ranch Dressing Mixed Berry Cup	<div>Curbside Pick Up KHS Student Lot</div> <div>10:30am to 11:30am</div> <div>Check for Menu Details on Killingly Public Schools Website</div>	Grilled Cheese Sandwich <i>golden toasted bread with melted gooey cheese pressed and prepared in-house</i>  Tomato Soup	Smokehouse Pulled Pork Sandwich <i>smokehouse pulled pork on a roll with cole slaw</i>  Oven Baked Fries Broccoli Bites Ranch Dressing Mixed Berry Cup
	American Combo Sandwich <i>freshly made sandwich with thinly sliced turkey, ham and cheese</i>  	Santa Fe Wrap <i>wrap with grilled chicken, hot peppers, sauteed onions, corn, and salsa</i>  Ranch Dressing		American Combo Sandwich <i>freshly made sandwich with thinly sliced turkey, ham and cheese</i>  	Santa Fe Wrap <i>wrap with grilled chicken, hot peppers, sauteed onions, corn, and salsa</i>  Cucumber Coins Ranch Dressing
	Nachos with Cheese <i>creamy cheese layered over a bed of nachos</i>  Spicy Black Bean Salad Salsa	Nachos with Cheese <i>creamy cheese layered over a bed of nachos</i>  Spicy Black Bean Salad Salsa		Nachos with Cheese <i>creamy cheese layered over a bed of nachos</i>  Spicy Black Bean Salad Salsa	Nachos with Cheese <i>creamy cheese layered over a bed of nachos</i>  Spicy Black Bean Salad Salsa
	Shake 'Em Up Salads <i>a delicious salad to go, made with lettuce, tomatoes, cucumbers, carrots, peas, corn, turkey and mozzarella cheese, served with dinner rolls</i> 	Southwest Chicken Salad <i>chunky chicken salad with a southwest flavor</i>  Red Pepper Strips		Chicken Salad Platter with Dinner Rolls <i>fresh chicken salad on a bed of lettuce with cucumbers, carrots, tomatoes and cheese</i>  Red Pepper Strips	Southwest Chicken Salad <i>chunky chicken salad with a southwest flavor</i>  Red Pepper Strips
	<p>Please contact the school nurse with any allergy concerns. The kitchen manager can be reached at 860 779 6735 or vkozlowski@killinglyschools.org</p> <p>No. Really. Take the Meals.</p> <p>Reasons why you should take advantage of the free school meals being offered:</p> <ul style="list-style-type: none">-It extends your food budget & saves you time and prepping lunches-It's comforting & familiar to your kids to have food from school-It's confidential & not just for low-income families, all Killingly students are welcome-You're helping the local food service program stay financially afloat-You're helping the food program use up food inventory = less wasteUSDA is covering the cost for these meals during COVID-19You're not taking it away from someone else who needs it more				





WHITSON'S
School Nutrition

SIMPLY ROOTED
in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com.

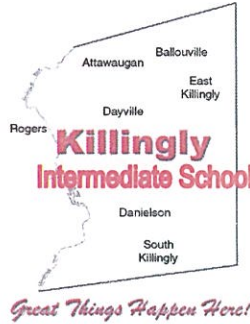
Meals are approved to be served for in person and virtual learners. Inquire with your school's district office to see if your school is participating. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain.

***Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director. This institution is an equal opportunity provider.

 Vegetarian  Made With Natural Ingredients  Pork  Smart Choice  Made With Organic Ingredients

Killingly Intermediate School

Heather Taylor
Principal



Kenneth Daniewicz
Kristin LaLima
Assistant Principals

January 8, 2021

Dear KIS Families,

Happy New Year!

For the past several years, Killingly Public Schools has used STAR assessments to help teachers understand students' current levels of performance in Reading and Math. STAR assessments help us monitor the progress of all students toward grade level reading and math standards, identify students who are struggling, and guide instruction and intervention decisions. STAR assessments are designed to only take 20-30 minutes to complete and utilize adaptive software to determine precisely where students excel and where they may need additional support.

Typically, students in grades five through eight have taken STAR assessments in school during three benchmark times per year: fall, winter, and spring. However, due to our current circumstances, we have decided to streamline assessments and only administer the STAR assessment two times this year: winter and spring. Your child's teachers will schedule a time for your child to take the STAR Reading and Math assessments during our winter screening window: January 19th - February 5th. Your child's teacher will assist with accessing the online assessment software and will monitor your child while they take the assessment, whether from home or at school.

Thank you for your support!

In partnership,


Heather Taylor, Principal

Killingly Intermediate School

Heather Taylor
Principal



Kenneth Daniewicz
Kristin LaLima
Assistant Principals

HEALTH OFFICE

December 7, 2020

Dear Parent/Guardian,

PARENTS OF GRADE 6 STUDENTS RE: GRADE 6 PHYSICALS ARE DUE

District Policy and the State of Connecticut require a Physical Exam and vaccinations for all students prior to or during the grade 6 school year, for grade 7 entry.

Acceptable physical dates are between June 1st, 2020 and June 15th, 2021.

- Please send in the physical if it has been done or make an appointment as soon as possible. Forms are available on the KPS website under Health Department.
- Meningococcal and Tdap vaccines are required.
- Doctors do not automatically fax physicals. You are responsible for arranging documents be sent to the school nurse and for checking that any faxed documents have been received by the school nurse.
- Keep a copy of the physical and immunizations for your records

*Note: Students not in compliance will be excluded from entry into grade 7.

Thank you,
Susan Spagnuolo, RN
Charge Nurse KIS
860-779-6725 nurse office
860-779-0047 NURSE fax
860-779-9639 school fax
sspagnuolo@killinglyschools.org

COVID PROTOCOLS

This is a friendly reminder for parents to monitor your child's health daily. We are coming upon flu season and monitoring symptoms is key to keeping our community healthy and safe. If any symptoms listed below are present, please keep your child home and notify the school nurse, Susan Spagnuolo, at 860-779-6725.

Symptoms may appear 2-14 days after exposure to COVID 19.

SYMPTOMS CAN INCLUDE:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body ache
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

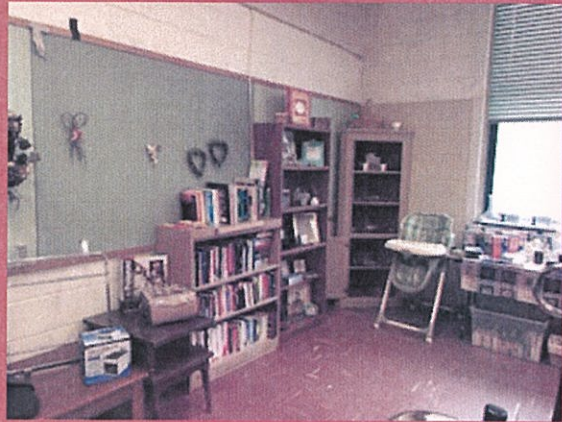
If your child has had contact with a person who has COVID-19, keep your child home and notify the school nurse.

WHAT COUNTS AS CLOSE CONTACT?

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- You were sneezed or coughed upon, or somehow got respiratory droplets on you

Susan Spagnuolo, RN

Killingly Community Store



FREE

Covid-19 Requirements:

- 5 people permitted in store at one time
- If line, 20 minutes will be allocated to each group of 5, you may return to end of line.
- Everyone must remain at least 6 feet apart in line and in store.
- Masks are required!

Toiletries for families in need, when available.

Hours

2nd and 4th

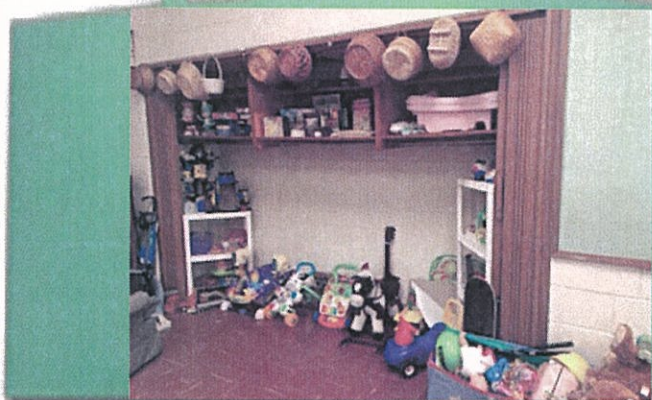
Saturdays Monthly

10am-1pm

*Dates are for the remainder of the 2020/2021 school year and are subject to change.

ITEMS OFTEN AVAILABLE

Clothing, shoes, hats, scarves, gloves, ties, belts, personal care items, household items, and more!!



79 Westfield Avenue

Danielson, CT

860-779-6773

Entrance is on the side of the large parking lot by the football field.

www.killinglyschools.org



WINDHAM-TOLLAND 4-H CAMP

326 Taft Pond Rd Pomfret, CT 06259

www.4hcampct.org



PUT SOME FUN IN YOUR 2021 SUMMER!

June 20 to August 13, 2021

Windham-Tolland 4-H Camp, located in Pomfret Center, Connecticut, has provided summer camp experiences for thousands of youngsters for over 60 years. The camp has both overnight and day camp programs for boys and girls 6-15 years of age. The camp is located on 270 acres containing woodlands, cabins, recreation areas and scenic lakes. The Windham-Tolland 4-H Camp maintains a state license and ACA accreditation. Campers need not be 4-H members.

Our caring, camper-centered, college-aged and trained staff is committed to providing a safe, educational, and fun experience for every child.

All campers have the opportunity to participate in a variety of programs each week including:

- Arts & crafts
- Low and Mid High Ropes courses & Horizontal Climbing wall
- Swimming
- Self-defense
- Fishing
- Sports
- Drama
- Dance
- Archery
- Outdoor Education
- Zip-line
- Canoeing & Kayaking
- Knitting

4-H Camp offers a variety of specialty programs also available on a weekly basis for an additional cost.

Horseback riding, farm camp and cow camp

CAMP PRICING 2021

- Day Camp (ages 6-15) \$325 per week (Lunch & Snacks Included)
- Resident Camp (ages 9-15) \$525 per week
- Teen Leadership Program (ages 15-17) Starts at \$525
- Overnight Clover Camp (ages 7-8) \$275 per session (3 -day Sessions)

THEME WEEKS FOR 2021

A **stayover weekend** (July 10th-July 12th) includes a TRIP New England Aquarium, Imax and Duck Tours for campers who attend both weeks 3 & 4.

- **Week 1 – June 20-25- Scooby Dooooo Week**
- **Week 2 – June 27-July 2 – Medieval Week**
- **Week 3 – July 4-9 – Carnival Week**
- **Week 4 – July 11-16 – Game Show Mania Week**
- **Week 5 – July 18-23 – International Week**
- **Week 6 – July 25-30 – Decades Week**
- **Week 7 – August 1-6 – Water Splash Week**
- **Week 8 – August 9-13 – Capture the Flag! (Day Camp Only)**

Visit our **website at www.4hcampct.org** for Online Registration

E-mail us at registrar@4hcampct.org for a camp brochure or additional information or

Call the Camp Registrar at (860) 974-3379

CAMPERSHI
PS

OPEN HOUSES

Sunday January 31 & Sunday, February 21

Sunday March 14 & Saturday April 18

From 2:00 to 4:00 PM Each Day

OPEN HOUSE EXTRA – April 17

Please join us April 18 - 12:30 PM for an informational parent panel on the benefits of Windham-Tolland 4-H Camp for you and your child.

Call or email to request a brochure (860) 974-3379 ~ registrar@4hcampct.org

EARLY
BIRD
DISCOUNT