

SAFER, SMARTER SCHOOLS: SCOPE & SEQUENCE

SAFER,  
SMARTER  
KIDS!

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8
Kindergarten	<ul style="list-style-type: none"><li>• <b>Safety Rules</b></li><li>• <b>Safety Stop Sign</b></li><li>• <b>I Mean Business Voice</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <i>Understanding Safe and Unsafe Situations</i></li><li>• <i>Using I Mean Business Voice to Stay Safe</i></li></ul>	<ul style="list-style-type: none"><li>• <b>Strangers</b></li><li>• <b>Grown-Up Buddies</b></li><li>• <b>Trusted Triangle</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Characteristics of Safe Adults</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Think, Feel, Act</b></li><li>• <b>Guiding Voice</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Using Think, Feel, Act and Guiding Voice to Make Safe Choices</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Private Parts</b></li><li>• <b>Personal Space</b></li><li>• <b>Safe and Unsafe Touches</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Personal Safety</b></li><li>• <b>Physical Safety</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Safe and Unsafe Secrets</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Identifying Unsafe Secrets</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Tattling and Reporting</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Accessing Help</b></li></ul>	N/A	N/A
First Grade	<ul style="list-style-type: none"><li>• Safety Rules</li><li>• Grown-Up Buddies</li><li>• Trusted Triangle</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Characteristics of Safe Adults</b></li></ul>	<ul style="list-style-type: none"><li>• Safety Stop Sign</li><li>• I Mean Business Voice</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Using I Mean Business Voice to Stay Safe</b></li><li>• <b>Identifying Unsafe Situations</b></li></ul>	<ul style="list-style-type: none"><li>• Think, Feel, Act</li><li>• Guiding Voice</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Using Think, Feel, Act and Guiding Voice to Make Safe Decisions</b></li></ul>	<ul style="list-style-type: none"><li>• Safe and Unsafe Touches</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Personal Safety</b></li><li>• <b>Physical Safety</b></li><li>• <b>Personal Boundary</b></li><li>• <b>Body Boundary</b></li></ul>	<ul style="list-style-type: none"><li>• Safe and Unsafe Secrets</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Identifying Unsafe Secrets and Unsafe Situations</b></li></ul>	<ul style="list-style-type: none"><li>• Tattling and Reporting</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Accessing Help</b></li></ul>	<ul style="list-style-type: none"><li>• Strangers</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Reinforce Stranger Safety</b></li></ul>	<ul style="list-style-type: none"><li>• Safety Tools Review</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Using Safety Tools to Understand Safe Choices</b></li></ul>
Second Grade	<ul style="list-style-type: none"><li>• Grown-Up Buddy</li><li>• Trusted Triangle</li><li>• Safety Stop Sign</li><li>• I Mean Business Voice</li><li>• Think, Feel, Act</li><li>• <b>Safety Barometer</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Characteristics of Safe Adults</b></li></ul>	<ul style="list-style-type: none"><li>• Awareness of Surroundings</li><li>• <b>Safety Goggles</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Recognizing Safe and Unsafe Situations</b></li></ul>	<ul style="list-style-type: none"><li>• <b>P.L.A.N.</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Understanding the Elements of P.L.A.N.:</b><ul style="list-style-type: none"><li>• <b>Permission</b></li><li>• <b>Location</b></li><li>• <b>Activity</b></li><li>• <b>Names and Numbers of Adults</b></li></ul></li></ul>	<ul style="list-style-type: none"><li>• Safe and Unsafe Secrets</li><li>• <b>Secret Gauge</b></li><li>• Think, Feel, Act</li><li>• Trusted Triangle</li><li>• I Mean Business Voice</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Identifying Types of Unsafe Secrets: Threat, Promise, Trick</b></li></ul>	<ul style="list-style-type: none"><li>• Body Boundaries and Privacy</li><li>• <b>Lock and Key Token</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Privacy</b></li><li>• <b>Personal Boundary Violation</b></li><li>• <b>Body Boundary Violation</b></li></ul>	<ul style="list-style-type: none"><li>• Body Boundaries and Privacy</li><li>• Safety Barometer</li><li>• <b>Bullying</b></li><li>• <b>Safe Use of Cell Phone Camera</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Privacy</b></li><li>• <b>Personal Boundary Violation</b></li><li>• <b>Body Boundary Violation</b></li><li>• <b>Privacy</b></li><li>• <b>Safe Use of Cameras</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Cyber Safety</b></li><li>• Guiding Voice</li><li>• <b>Cyber Citizen Learners Permit</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Safe Use of the Internet and Social Media</b></li></ul>	<ul style="list-style-type: none"><li>• Safety Tools Review</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Accessing Help</b></li></ul>
Third Grade	<ul style="list-style-type: none"><li>• <b>Good Citizenship in our Community</b></li><li>• <b>Wrongdoing</b></li><li>• <b>Wrongdoer</b></li><li>• <b>Victim</b></li><li>• <b>Bystander</b></li><li>• <b>Safety NETWORK</b></li><li>• Think, Feel, Act</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Balance of Power</b></li><li>• <b>Understanding Unsafe Situations</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Digital Safety</b></li><li>• <b>Digital Community</b></li><li>• <b>Digital Citizen</b></li><li>• <b>Social Media</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Making Safe Choices on the Internet and in Social Media</b></li><li>• <b>Safe Use of Cameras</b></li></ul>	<ul style="list-style-type: none"><li>• Body Boundaries and Personal Space</li><li>• <b>Violation</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Physical Safety</b></li><li>• <b>Personal Safety</b></li></ul>	<ul style="list-style-type: none"><li>• Body Boundaries and Personal Space</li><li>• Guiding Voice</li><li>• <b>Personal Power</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Body Boundary</b></li><li>• <b>Personal Boundary</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Unsafe Situation</b></li><li>• Safe Secret</li><li>• Unsafe Secret</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Types of Unsafe Secrets: Threat, Promise, Trick</b></li><li>• <b>Privacy</b></li><li>• <b>Body Boundary Violation</b></li><li>• <b>Personal Boundary Violation</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Voice</b></li><li>• Heard &amp; Helped</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Accessing Help</b></li></ul>	N/A	N/A
Fourth Grade	<ul style="list-style-type: none"><li>• <b>Kids Bill of Rights</b></li><li>1. Safety</li><li>2. Respect</li><li>3. Your Identity</li><li>4. A Voice</li><li>5. Childhood</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Right to Privacy</b></li><li>• <b>Personal Safety</b></li><li>• <b>Physical Safety</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Voice-The Right To Be Heard</b></li><li>• Safety NETwork</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Balance of Power</b></li><li>• <b>Healthy/Unhealthy Relationships</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Respecting Boundaries</b></li><li>• Body Boundaries</li><li>• Voice</li><li>• Tattling and Reporting</li><li>• Think, Feel, Act</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Body Boundary Violation</b></li><li>• <b>Personal Boundary Violation</b></li><li>• <b>Types of Unsafe Secrets: Threat, Promise, Trick</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Identity-The Right To Be Who You Are</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Understanding</b></li><li>• <b>Recruiting</b></li><li>• <b>Resisting Pressure from Others</b></li><li>• <b>Healthy/Unhealthy Relationships</b></li><li>• <b>Making Safe Decisions on the Internet and In Social Media</b></li><li>• <b>Safe Use of Cameras</b></li></ul>	<ul style="list-style-type: none"><li>• <b>The Responsibilities of Your Rights</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Right to Safety</b></li><li>• <b>Accessing Help</b></li></ul>	N/A	N/A	N/A
Fifth Grade	<ul style="list-style-type: none"><li>• <b>Peer Pressure: Finding the Courage Within You</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Balance of Power</b></li><li>• <b>Healthy/Unhealthy Relationships</b></li><li>• <b>Safe Choices with Peers</b></li><li>• <b>Understanding Recruiting</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Cyberbullying</b></li><li>• <b>Cyber P.L.A.N.</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Safe Use of Cameras</b></li><li>• <b>Making Safe Decisions on the Internet and in Social Media</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Privacy</b></li><li>• Safety NETwork</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Personal Boundary</b></li><li>• <b>Personal Boundary Violations</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Boundaries</b></li><li>• Grooming</li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Body Boundary Violations</b></li><li>• <b>Types of Unsafe Secrets: Threat, Promise, Trick</b></li></ul>	<ul style="list-style-type: none"><li>• <b>The Courage to Change</b></li></ul> <hr/> <b>Crosswalk to Human Trafficking</b> <ul style="list-style-type: none"><li>• <b>Accessing Help</b></li></ul>	N/A	N/A	N/A

Bolded and italicized K–5th grade topics are new concepts that are being introduced.

SAFER, SMARTER  
TEENS

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8	Lesson 9	Lesson 10	Lesson 11	Lesson 12	Lesson 13
Middle School	<ul style="list-style-type: none"><li>• Self Esteem &amp; Personal Power</li></ul>	<ul style="list-style-type: none"><li>• Acceptance: Body Boundaries, Sexual Pressure, Fitting In</li></ul>	<ul style="list-style-type: none"><li>• Boundaries: Grooming, Secrets, Isolation, TFA</li></ul>	<ul style="list-style-type: none"><li>• ACT-Ask, Care, Tell: Abuse, Disclosure, and Getting Help</li></ul>	<ul style="list-style-type: none"><li>• Isolation: Technology, Safety, Cybergrooming</li></ul>	<ul style="list-style-type: none"><li>• SAFE: Seek Help, Trusted Adult, Face Your Fears, Energize Your Personal Power</li></ul>	<ul style="list-style-type: none"><li>• <b>Human Trafficking-Online Lesson – Recognition of human trafficking. Recognizing the risks of being targeted by a human trafficker. Understanding how human traffickers recruit and maintain control.</b></li></ul>	<b>Mental Health</b> <b>What is Health? – Understanding physical and mental health and wellbeing.</b>	<b>Mental Health</b> <b>What is Mental Illness? – Understanding different mental states, causes of mental illness.</b>	<b>Mental Health</b> <b>Awareness and Prevention – General information on mental illness symptoms and suicide prevention.</b>	<b>Mental Health</b> <b>Seeking Help – Gaining awareness of the warning signs of mental health issues, the importance of seeking help, and how to seek help.</b>	<b>Mental Health</b> <b>Wellbeing – Learning coping strategies to deal with stress, the importance of making healthy decisions.</b>	<b>Mental Health</b> <b>Health Lifestyle Choices – Prevention of drugs, nicotine (smoking or vaping), and alcohol.</b>
High School	<ul style="list-style-type: none"><li>• Be the Change: Personal Rights and Responsibilities, Building Communication Skills</li></ul>	<ul style="list-style-type: none"><li>• Healthy vs. Unhealthy Relationships, Self Esteem, Boundaries, Balance of Power</li></ul>	<ul style="list-style-type: none"><li>• The Problem of Sexual Abuse, Grooming, Cyber Safety, Control: Force, Coercion, and Fraud</li></ul>	<ul style="list-style-type: none"><li>• Dating Violence and Harassment, Flirting or Harassment, Confronting Sexual Harassment</li></ul>	<ul style="list-style-type: none"><li>• Education and Advocacy in Action, Developing a Safety P.L.A.N.</li></ul>	<ul style="list-style-type: none"><li>• <b>Human Trafficking-Online Lesson – How human traffickers target victims. How human traffickers maintain control. Recognizing the outward signs of human trafficking in others. How to get help and report human trafficking.</b></li></ul>	<b>Mental Health</b> <b>What is Mental Health</b>	<b>Mental Health</b> <b>Understanding physical and mental health.</b>	<b>Mental Health</b> <b>State of Mind – Understanding different mental states, including mental wellbeing, mental distress, mental health problems, and mental illness.</b>	<b>Mental Health</b> <b>Seeking Help – Gaining awareness and understanding of the warning signs that signal a mental health concern, when to seek help, and how to seek help. Awareness of suicide risks and suicide prevention.</b>	<b>Mental Health</b> <b>Addiction - Exploration of the reasons that teens try and use drugs, nicotine (smoking or vaping), and alcohol.</b>	<b>Mental Health</b> <b>Wellbeing – Strategies to cope with stress, increase personal resilience, and make healthy decisions.</b>	N/A

Bolded and italicized Middle and High School topics are oncepts that fulfill DOE requirements for Human Trafficking and Mental Health education.