

LOCAL SCHOOL WELLNESS POLICY REVIEW

District: Killingly  
 Date of Review: 2/4/2014  
 Reviewed by: JMee

	<p><u>Summary Comments:</u></p> <p>Undated policy provided.                  Significant attention to food and nutrition.                  Two-way communication with public, staff wellness not addressed.                  Physical activity, policy evaluation minimally addressed.</p> <p>Still work to be done to adequately address all required components of local wellness policy.</p>
1000	<p>Undated policy provided.                  Significant attention to food and nutrition.                  Two-way communication with public, staff wellness not addressed.                  Physical activity, policy evaluation minimally addressed.</p>
1001	<p>Sponsor Comment: school Website <a href="http://www.killinglyschools.org/domain/5">www.killinglyschools.org/domain/5</a>                  [access to <a href="http://www.killinglyschools.org/domain/5">www.killinglyschools.org/domain/5</a> yielded a minimal food policy] various search strings on site browser did not produce a SWP]</p> <p>Involvement of and communication with public not addressed except sponsor comment mentioning Web site. Search of district web site did not yield a wellness policy or wellness committee information or activities.</p>
1002	<p>Sponsor Comment: CAFE conducts ongoing reviews of school system policies on the behalf of KPS and recommends policy revision when and as it is considered revisions to be appropriate. BOE has a subcommittee which is assigned to revision and submission as to the school system policies.</p> <p>Lacks specific information re: evaluation of policy – how and when.                  Lack of district-based review and revision plan undermines the purpose and intent of <i>local</i> wellness policy.</p>
1003	<p>Sponsor Comment: All policy updating is accomplished through the BOE and its committee on school policy as noted above. CAFE recommends policy revisions and updates for KPS on an ongoing basis.</p> <p>Lack of district-based review and revision plan undermines the purpose and intent of local wellness policy.                  Lacking evidence of actual committee members, activities, meetings, reports, the Student Wellness Advisory Committee appears to be hypothetical.                  Committee membership list does not meet requirements.</p>
1004	<p>Sponsor Comment: Agenda items during BOE meeting are posted on district's Web Site.</p>

	Not addressed. See 1001.
1005	Sponsor Comment: Noting has been assessed year to date.  Not addressed.
1006	Sponsor Comment: Agenda items during BOE meeting are posted on District's Web Site.  Not addressed.

**1000** Wellness Policy is included.

- ✓ Yes
- No

As of **2010**, the Act requires each local educational agency participating in the National School Lunch Program or other federal Child Nutrition programs to establish a local school wellness policy for all schools under its jurisdiction. Each local education agency must designate one or more local education agency officials or school officials to ensure that each school complies with the local wellness policy. At a minimum, a local school wellness policy must:

- ✓ Include goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness. [much attention to food and nutrition; minimally addresses physical activity.]
- ✓ Include nutrition guidelines to promote student health and reduce childhood obesity for all foods available in each school district.

Permit parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and review and update of the local wellness policy.

Inform and update the public (including parents, students, and others in the community) about the content and implementation of local wellness policies. [sponsor states via BOE meeting agenda only]

- ✓ Be measured periodically on the extent to which schools are in compliance with the local wellness policy, ~~the extent to which the local education agency's local wellness policy compares to model local school wellness policies,~~ and the progress made in attaining the goals of the local wellness policy, ~~and make this assessment available to the public.~~ [minimally addressed]

For School Year **2013-2014**, local educational agencies are encouraged to continue reviewing and assessing their local wellness policies and implementing the new requirements.

- [Local School Wellness Policy Requirement Overview \(7/10/13\)](#)

- Comparison Chart: 2004 vs. 2010 Policy Requirements (attached)
- Implementation Guidance Memo (7/8/11) Child Nutrition Reauthorization 2010: Local School Wellness Policies - This memorandum provides information on the new requirements for local school wellness policies and recommended actions beginning School Year 2011-2012.

COMMENTS:

Undated policy provided.

Much attention to food and nutrition.

Two-way communication with public, staff wellness not addressed.

Physical activity, policy evaluation minimally addressed.

**1001** How does the public know about the Local School Wellness Policy (LSWP)? (Checklist attached)

Newsletters

Local newspaper

Other media

- ✓ District Web site [sponsor states Web site will be method of communication, Search of district web site did not yield a wellness policy or wellness committee information of activities.]
  - ✓ Reports to the Local BOE, PTA, other organizations (occasional or regular)
- Other

Documentation provided to support the public's response to the LSWP?

Yes

- ✓ No

COMMENTS:

Involvement of and communication with public not addressed.

**1002** When and how does review and update of the LSWP occur? (Checklist attached)

When: not stated

How: Policy states: Student Wellness Advisory Committee "will be involved in evaluating the effectiveness of the wellness policy."

Documentation provided to support the response to the review and update?

Yes

- ✓ No

COMMENTS:

Lacks specific information re: evaluation of policy – how and when.

1003 Who is involved in reviewing and updating the LSWP? (List of required members attached)

Policy states: Student Wellness Advisory Committee *may include* food services coordinator/manager, parent representatives from each school (or school level), staff member representatives from each school (or school level), administrative representatives, physical education and health education teacher representatives, district medical advisor and BOE members.

What is their relationship to SFA?

Name	Relationship/Role	LSWP Member?

COMMENTS:

Lacking evidence of actual committee members, activities, meetings, reports, the Student Wellness Advisory Committee appears to be hypothetical. Committee membership list does not meet requirements.

1004 How are potential stakeholders made aware of their ability to participate in the development, review, update and implementation of the LSWP?

- Newsletters
- Local newspaper
- Other media
- District Web site
- Reports to the Local BOE, PTA, other organizations (occasional or regular)
- Outreach to targeted stakeholders (i.e. community leaders, medical/business community)
- Other \_\_\_\_\_

Documentation provided to support the response to the opportunity to participate?

- Yes
- ✓ No

COMMENTS:

Not addressed.

1005 Most recent assessment of the LSWP provided?

Yes

✓ No

COMMENTS:

Not addressed.

1006 How does the public know about the results of the most recent assessment of the implementation of the LSWP?

Newsletters

Local newspaper

Other media

District Web site

Reports to the Local BOE, PTA, other organizations (occasional or regular)

Other \_\_\_\_\_

Documentation provided to support the response to the assessment?

Yes

✓ No

COMMENTS:

Not addressed.

### Communication and Promotion

Involve parents, students, and representatives of the school food authority, the school board, school administrators, and the public in the development of the school wellness policy (Federal Requirement)

Includes staff wellness programs specifically addressing the health of staff

✓ Addresses consistency of nutrition messages

✓ Encourages staff to role model healthy behaviors

Specifies who in the district is responsible for wellness/health communication ~~beyond required policy implementation reporting~~

Specifies district using Centers for Disease Control and Prevention's (CDC) Coordinated School Health Program (CSHP) model or other coordinated/comprehensive method

- Addresses methods to solicit or encourage input from stakeholder groups (e.g., two-way sharing)
- Specifies how district will engage parents or community to meet district wellness goals
- ✓ Specifies what content/information district communicates to parents [limited to nutrition information]
- Specifies marketing to promote healthy choices
- Specifies restricting marketing of unhealthful choices
- ✓ Establishes a health advisory committee or school health council that is ongoing beyond policy development

### Evaluation

Establish a plan for measuring implementation of the local wellness policy, including designation of one or more persons within the local educational agency or at each school, as appropriate, charged with operational responsibility for ensuring that the school meets the local wellness policy (Federal Requirement)

Addresses a plan for policy implementation, including a person or group responsible (initial or ongoing)

Addresses a plan for policy evaluation, including a person/group responsible for tracking outcomes

Addresses the audience and frequency of a report on compliance and/or evaluation

Identifies funding support for wellness activities or policy evaluation

Identifies a plan for revising the policy [lacks plan, but Student Wellness Advisory Committee assessed with responsibility for "reviewing school district practices on nutrition and physical activity."

### School Health Team Members

#### **Minimum Core Members for School Health Team [does not meet requirements]**

- ✓ Parents\*
- Students\*
- ✓ School Food Service (e.g., district food service director/manager)\*
- School Nurse
- ✓ Physical Education Coordinator/Teacher
- ✓ Health Education Coordinator/Teacher
- ✓ School Board\*
- ✓ School Administrators (e.g., superintendent, assistant superintendent, principal, assistant principal, school business official, curriculum director)\*
- The Public\*

*\*Required by the USDA School Wellness Policy legislation*

**Recommended Team Members (as appropriate to local needs)**

- Other school staff members, e.g., school medical advisors, curriculum supervisors, school counselors, family and consumer sciences teachers, school social workers and school business officials
- Health care providers, e.g., pediatricians, dietitians, nutrition/health consultants, dentists and representatives of nonprofit health organizations, e.g., American Cancer Society, American Diabetes Association and American Heart Association
- Community groups, e.g., YMCA, YWCA, Boy Scouts, Girl Scouts, Boys and Girls Clubs, faith-based groups, school readiness councils and local elected officials
- Physical activity groups, e.g., town park and recreation programs, youth sports leagues and commercial fitness centers
- University departments and other government agencies involved in nutrition and physical activity, e.g., local cooperative extension service
- Hospitals and public health representatives, e.g., local health department/district